

2026:PHHC:020196



**IN THE PUNJAB AND HARYANA HIGH COURT AT
CHANDIGARH**

220

CRM-M-5561-2026 (O&M)

Date of Decision: 10.02.2026

PARAMJIT KAUR @ PAMMI @ BHOLAN

... Petitioner

VERSUS

STATE OF PUNJAB

... Respondent

CORAM: HON'BLE MR. JUSTICE H.S. GREWAL.

Present: Mr. Ruhani Chadha, Advocate for the petitioner.

H.S. GREWAL, J. (ORAL)

CRM-4167-2026

Allowed as prayed for.

MAIN CASE

This petition has been filed under Section 483 Bharatiya Nagrik Suraksha Sanhita, 2023 seeking regular bail for the petitioner in case FIR No.268 dated 07.10.2022 under Sections 22 and 29/61/85 of the NDPS Act, 1985 registered at Police Station Sultanpur Lodhi, District Kapurthala, Punjab.

2. The case of the prosecution is that the petitioner was found in conscious possession of 108 grams of alprazolam, which is of commercial quantity.

3. Learned counsel for the petitioner contends that the contraband was weighed alongwith its wrapper, which brought the same under the ambit of commercial quantity. He further submits that the petitioner is in custody for the last 10 months and 29 days. It is further stated that the trial against the petitioner is yet to commence and as such, the same will take a long time to conclude. It is also stated that although the petitioner was involved in one more case, but she has already been discharged in that case.

4. Notice of motion.

5. Mr. Rishabh Singla, AAG, Punjab accepts notice and vehemently opposes the petition for grant of bail on the ground that the allegations against the petitioner are serious. Hence, he prays for dismissal of the present petition. Custody certificate filed by the State Counsel is taken on record. As per the said certificate, the petitioner is in custody for the last 10 months and 29 days.

6. I have heard the learned counsel for the parties and perused the record.

7. Keeping in view the facts and circumstances of the case and taking into consideration the fact that the petitioner is in custody for the last 10 months and 29 days and the trial will take a long time to conclude, this Court is of the opinion that the petitioner deserves the concession of regular bail. Moreover, bail is rule and jail is exception. Since the continuous incarceration of the petitioner would not serve the ends of justice, therefore, she is entitled to regular bail during the pendency of the trial.

8. Therefore, without expressing any opinion on the merits of the case, the instant petition is allowed. The petitioner is ordered to be released on regular bail on her furnishing requisite bail/surety bonds to the satisfaction of the trial Court/Duty Magistrate concerned.

9. It is clarified that if while on bail so granted through the instant order, the petitioner is found indulging in any other criminal case/activity, it shall be open to the State to seek cancellation of her bail.

10. Nothing discussed hereinabove shall be construed as an expression of opinion on the merits of the case.

FEBRUARY 10, 2026.

Rajender

**(H.S. GREWAL)
JUDGE**

Whether speaking/reasoned : Yes/No

Whether reportable : Yes/No