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* **IN THE HIGH COURT OF DELHI AT NEW DELHI**

CNR No. DLHC010232412026

+ **W.P.(C) 7176/2026**

PARAS RAM JAKHAR Petitioner
Through: **Ms. Saahila Lamba, Adv.**

versus

UNION OF INDIA AND ORS Respondents
Through: **Mr. Akash Vajjpai, CGSC with Mr. Priyanshu, Adv.**

CORAM:
HON'BLE MR. JUSTICE NITIN WASUDEO SAMBRE
HON'BLE MR. JUSTICE AMIT SHARMA

ORDER
18.08.2026

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1. The present petition under Article 226 of the Constitution of India, 1950, seeks to grant the petitioner disability pension and *ex-gratia lump sum* compensation from the date said benefits were due to the petitioner, *i.e.*, his retirement from service, on the ground of physical unfitness till date of their release.
2. The opinion of the Medical Board in the assessment of the health of the petitioner speaks of that he has suffered mixed anxiety and depressive disorder with deliberate self-harm with WPM syndrome and Psoriasis.
3. Accordingly, he was declared unfit for further service with the respondents.
4. The Medical Board opined that the aforesaid ailment of the petitioner is due to stress and strain (mixed anxiety and depressive disorder).



5. As such, it is urged that the cause is attributed to service and aggravated thereby.
6. In the aforesaid background, the claim of the petitioner is for grant of disability pension and *ex gratia* payment.
7. Let the claim be decided within a period of 12 weeks having regard to the aforesaid opinion of the Medical Board and order accordingly be communicated to the petitioner.
8. The present petition is disposed of accordingly.
9. Pending application(s), if any, also stands disposed of.

NITIN WASUDEO SAMBRE, J

AMIT SHARMA, J

AUGUST 18, 2026/nk/ns